

Will there be tackling/contact at the camp?

Yes there will be some controlled contact. Participation in full contact drills is optional.

Do we need to bring lunch?

No, lunch and beverages are provided and a snack near the end of each day.

How are the kids separated?

They will be split into 4 groups depending on age, weight and ability.

What is a Powhiri?

The Powhiri is a traditional Maori welcoming ceremony that will be performed at the start and end of the camp.

What gear will the kids get?

X1 Black HRG training tee, x1 White HRG training tee, x1 Black HRG training shorts, x1 HRG Boot bag.

What do HRG camps offer?

Maori culture, rugby, Haka fitness, lunch, snack, follow up monitoring post camp, we also offer a player program to New Zealand.

What are the coaches qualifications/playing background?

All coaches are ex professional rugby players who have played in the highest tournaments in the game, all coaches hold IRB level 3/coaching certificate.

What time does the camp start and what time does it finish?

The camp begins at 11am and finishes at 5pm.

What age is the camp for?

The camp is for both boys and girls between the ages of 6-18